

Turn yourself into a beautiful butterfly



You will need:

A dry day with no wind

A flat area of grass

Lots of thin sticks

Other natural materials – leaves, flowers, cones, stones

Remember not to pick living things that are still growing.

What to do:

- Use the sticks to make the shape of a giant butterfly on the ground – large enough for you to be its body.
- Leave a space where the butterfly's body would be and remember to make it symmetrical.
- Bring it to life by filling in the wings with the materials you have collected (this is much easier done in autumn when there are lots of colourful leaves)
- Lie down and become the creature's body – remember you will need antennae!
- Relax, look up, and dream of flying away!

Alternatively:

Make a smaller collage picture that will last longer by collecting natural materials and arranging them in the shape of a butterfly in a symmetrical pattern – stick them down with strong PVA glue

